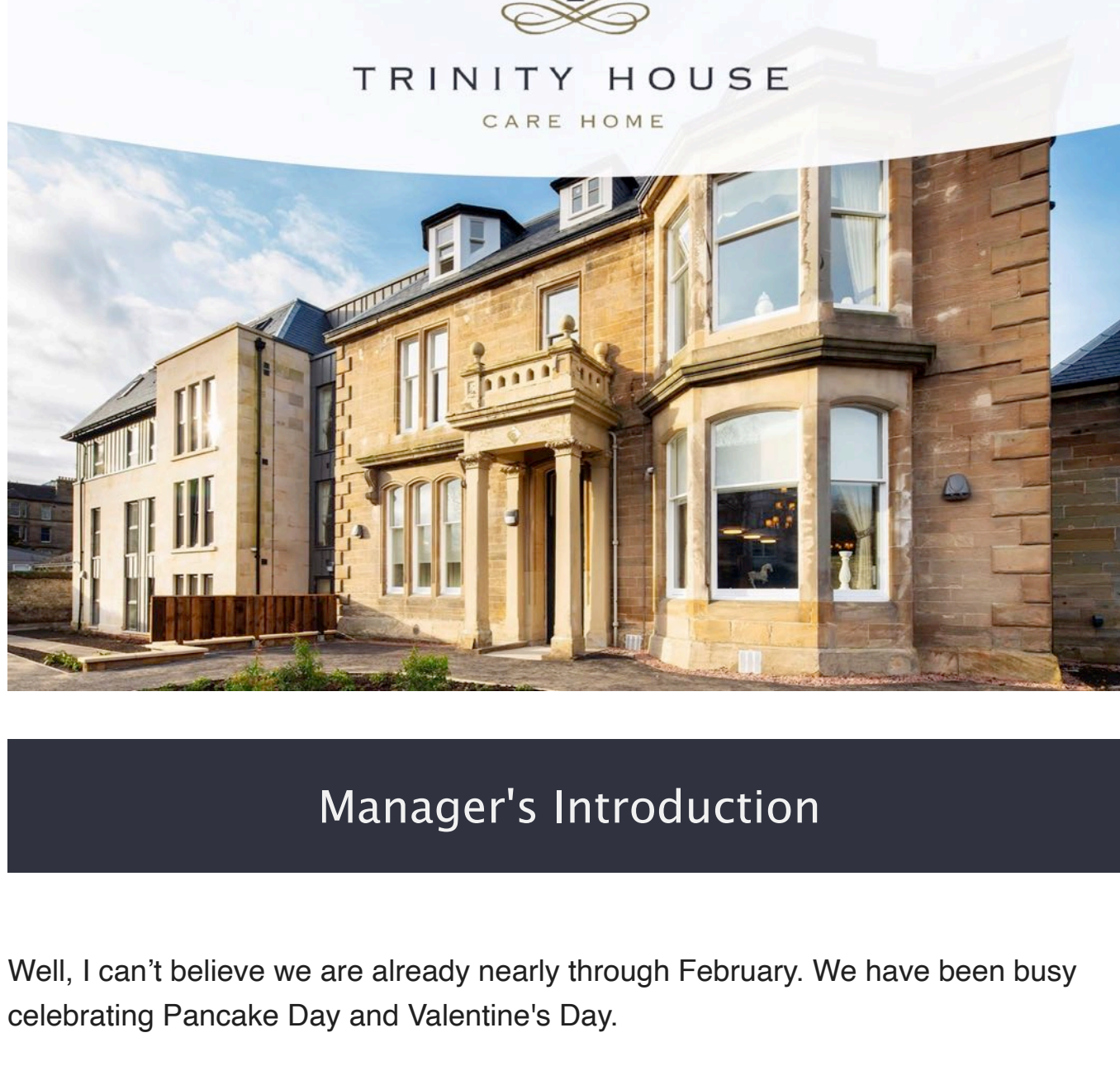


A WARM WELCOME TO OUR
WINTER 2023/24

Quarterly Newsletter



Manager's Introduction

Well, I can't believe we are already nearly through February. We have been busy celebrating Pancake Day and Valentine's Day.

We continue to look for ways to enhance the day-to-day well-being of our residents both within and outside of the home. We are always open to any new ideas that relatives and friends may have for activities and outings.

We have started a backup swimming club which the residents thoroughly enjoy, and the benefits we see are well worth the little bit of extra preparation.

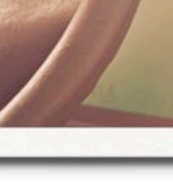
We couldn't do the amazing work we do without the dedication of our staff team at Trinity House.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

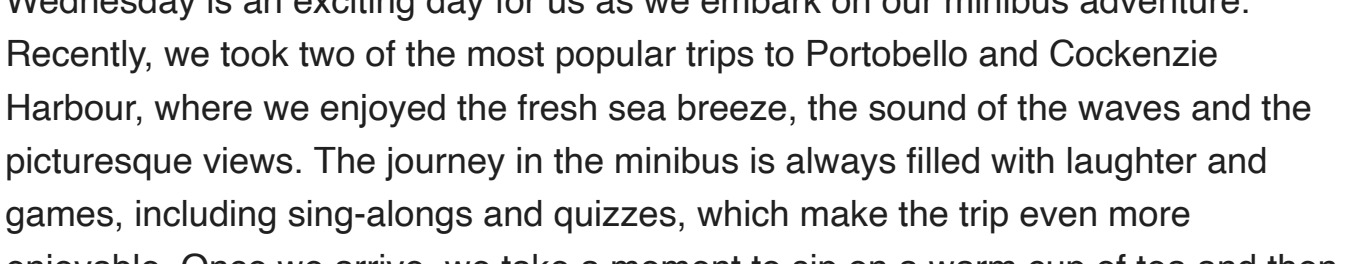
[Newsletter Sign-Up](#)

Best wishes,

Ann Lyell
Home Manager

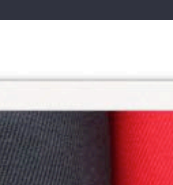
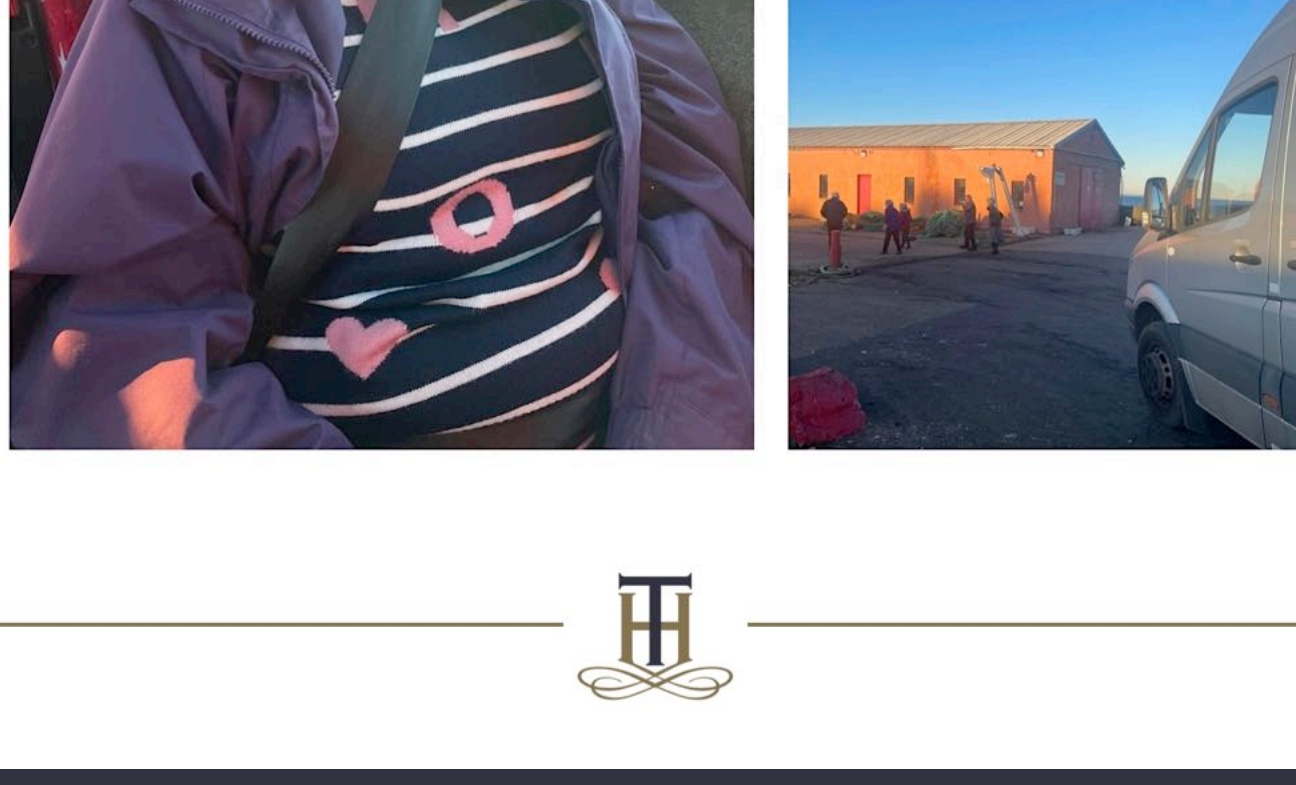


Minibus Wednesday

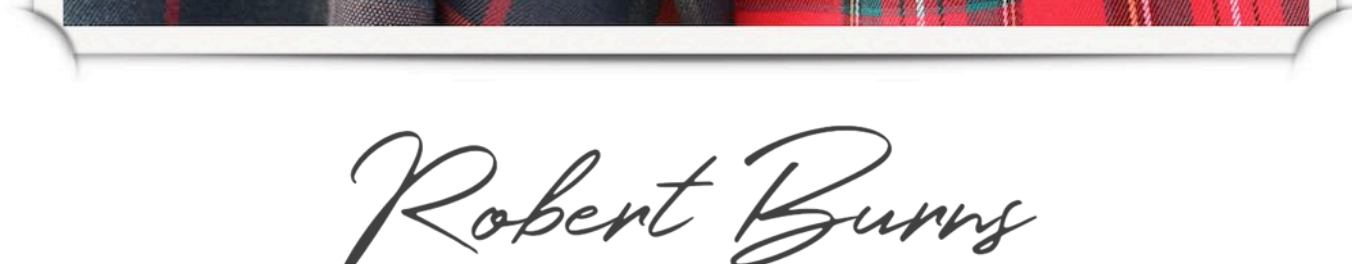


Out & About

Wednesday is an exciting day for us as we embark on our minibus adventure. Recently, we took two of the most popular trips to Portobello and Cockenzie Harbour, where we enjoyed the fresh sea breeze, the sound of the waves and the picturesque views. The journey in the minibus is always filled with laughter and games, including sing-alongs and quizzes, which make the trip even more enjoyable. Once we arrive, we take a moment to sip on a warm cup of tea and then set off to explore the beautiful surroundings with a leisurely walk. It's always such a lovely break away from our daily routine!



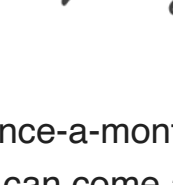
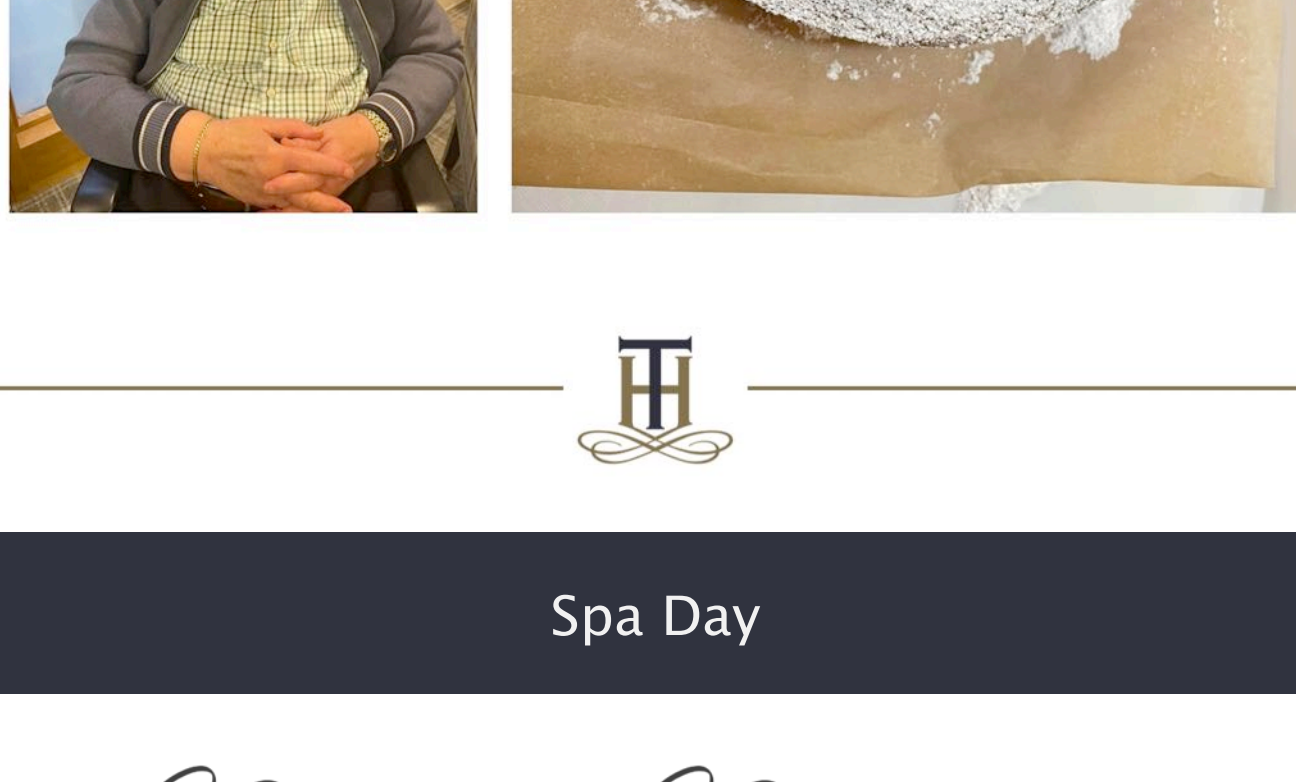
Robert Burns Week



Robert Burns

We decided instead of celebrating Burns Night, we would celebrate Burns Week. We started our morning off with a trip to Covington Village, where it's said that Robert Burns stopped on his way to Edinburgh. We also used this visit for one of our residents to see the village where he was born and where his father was a headmaster. On day two of our Robert Burns week, a group of our residents went to the National Museum of Scotland, where we looked at many items owned by Robert Burns, including a pair of pistols that are said to have been owned by him.

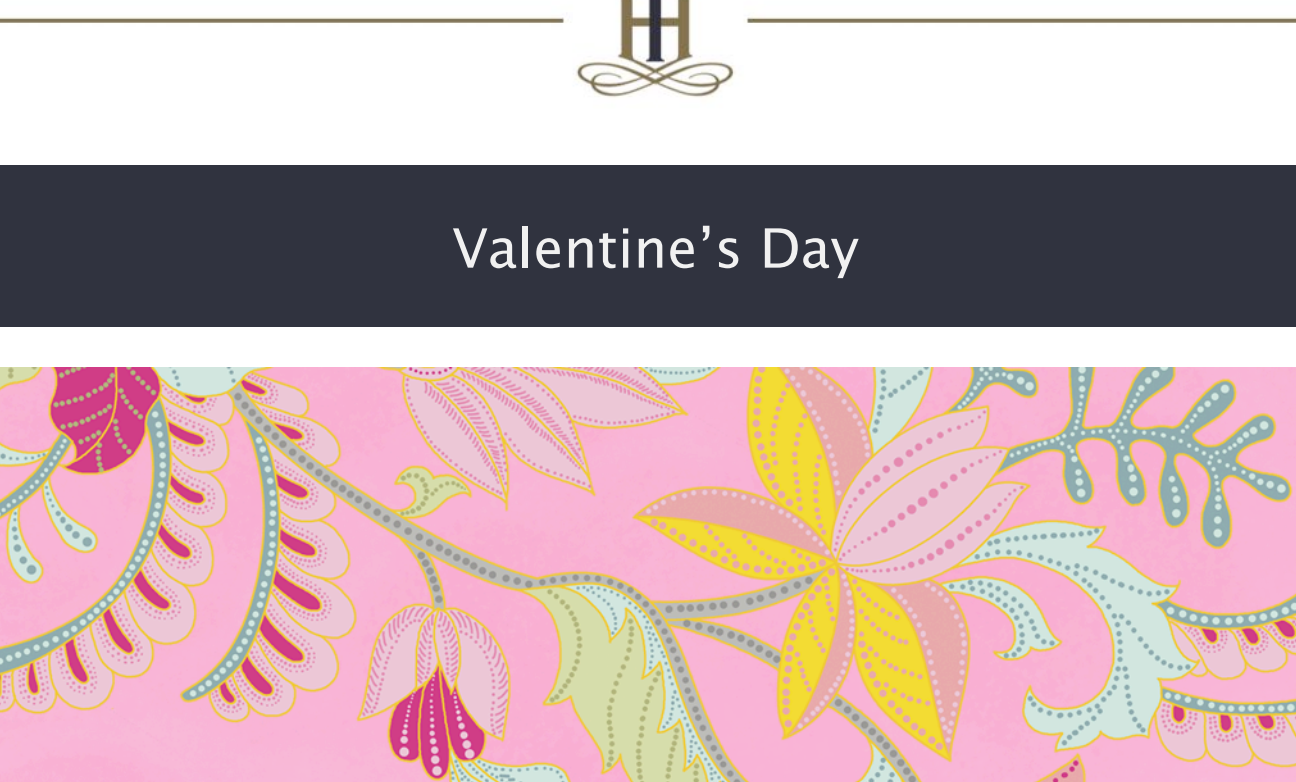
We then spent the rest of the afternoon colouring Robert Burns silhouettes. We started our Robert Burns Day celebrations with a sing-along with the Holy Cross Primary school children and went on to have a party with Eric, singing Scottish songs for us, as we enjoyed Scottish treats such as homemade potato scones, ginger wine, tea cakes and much more. Our residents enjoyed singing and seeing the school children.



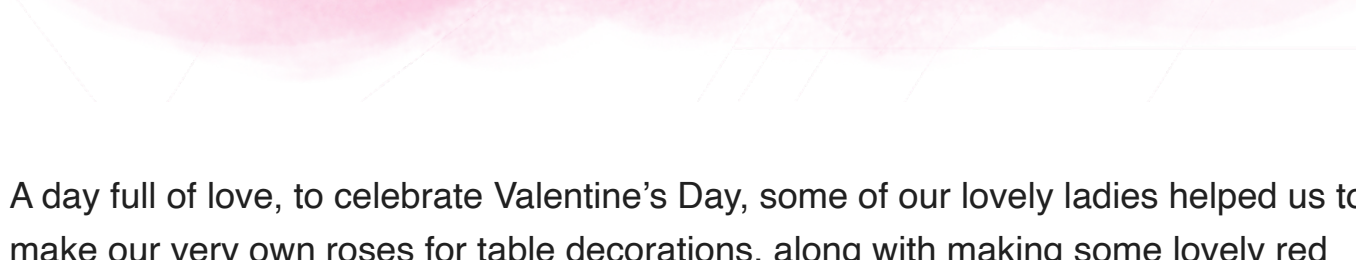
Spa Day

Relax & Rejuvenate

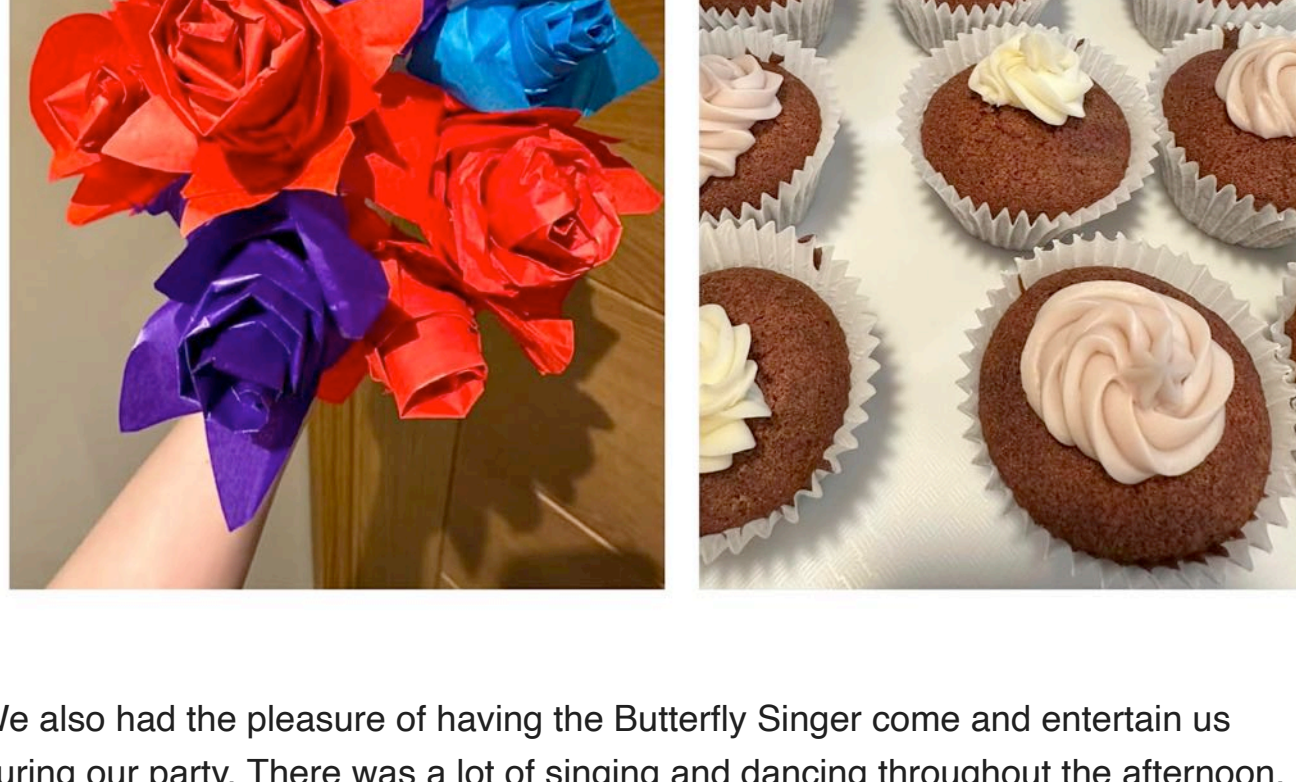
Here at Trinity House, we started a once-a-month spa day where any of the residents who want to get pampered can come along and get their nails painted, enjoy a relaxing face mask, or use our massaging foot spas. We have found these days to be a massive hit in the house as who doesn't love a day dedicated to pampering!



Valentine's Day



A day full of love, to celebrate Valentine's Day, some of our lovely ladies helped us to make our very own roses for table decorations, along with making some lovely red velvet cupcakes for our V-Day party.



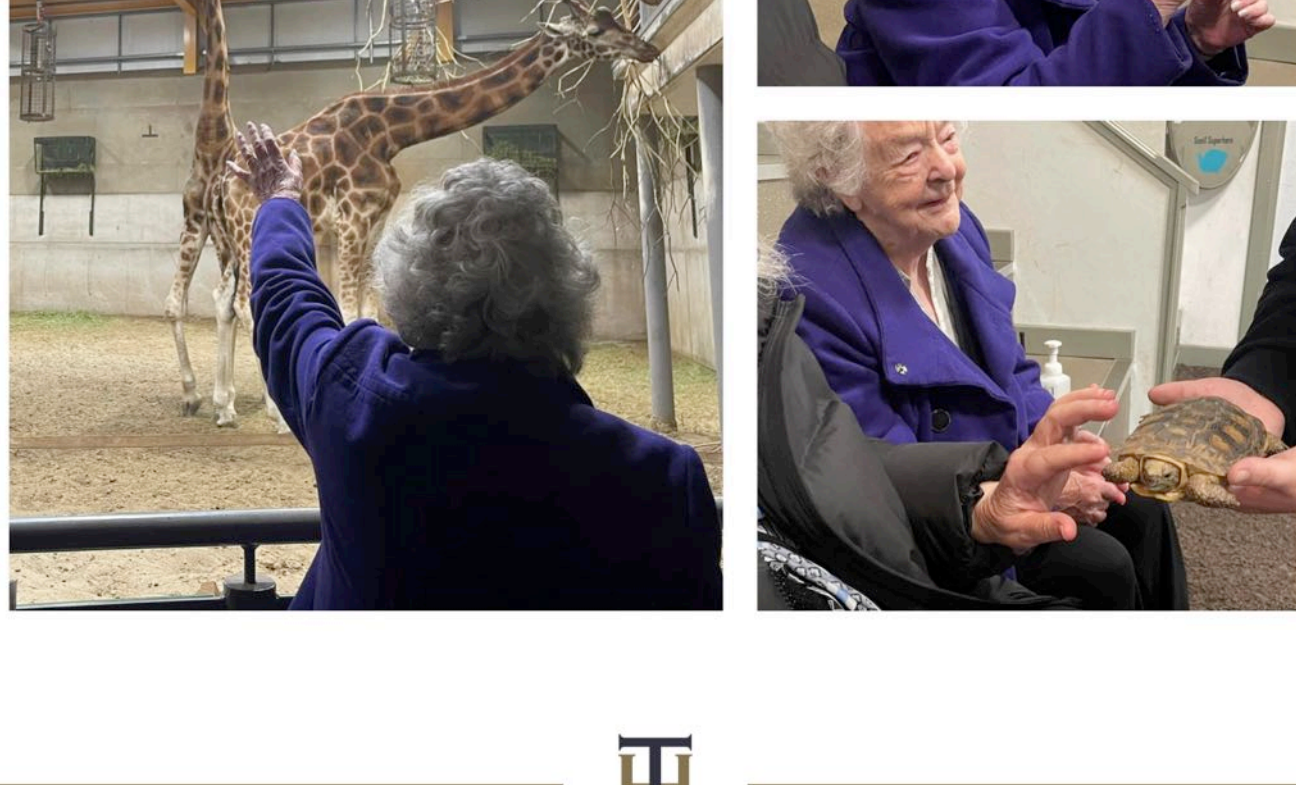
We also had the pleasure of having the Butterfly Singer come and entertain us during our party. There was a lot of singing and dancing throughout the afternoon, and smiles all around.



Edinburgh Zoo

Birthday Wishes

On the 28th of January, we celebrated Violet's birthday wish. When we started coming up to Violet's birthday, we asked her what she would like to do, and she told us she would love to see the animals at Edinburgh Zoo. So, we got in contact with them, and they arranged for Violet to meet three animals: a giant African land snail, a pancake tortoise and an armadillo. Violet was over the moon when we got there and got started. We then enjoyed walking around the zoo and seeing all the animals she wanted to see. We cannot thank Edinburgh Zoo enough for these amazing experiences.



News & Updates

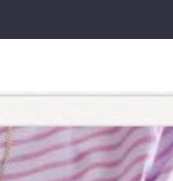
Staff News

One of our activity coordinators, Alex, got married on the 17th of February and three of our lovely ladies attended the wedding.



Upcoming Relative Meeting Date

We have our next Relatives' Meetings on the 27th of February at 2.30pm and 7.00pm.



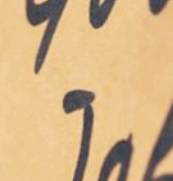
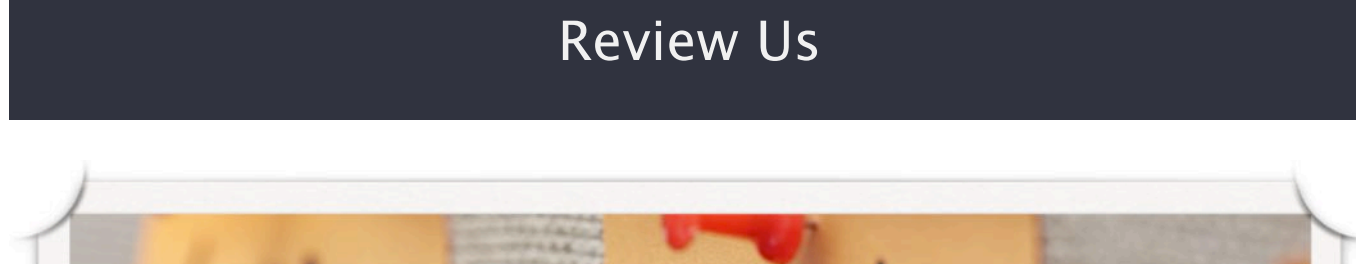
Social Media



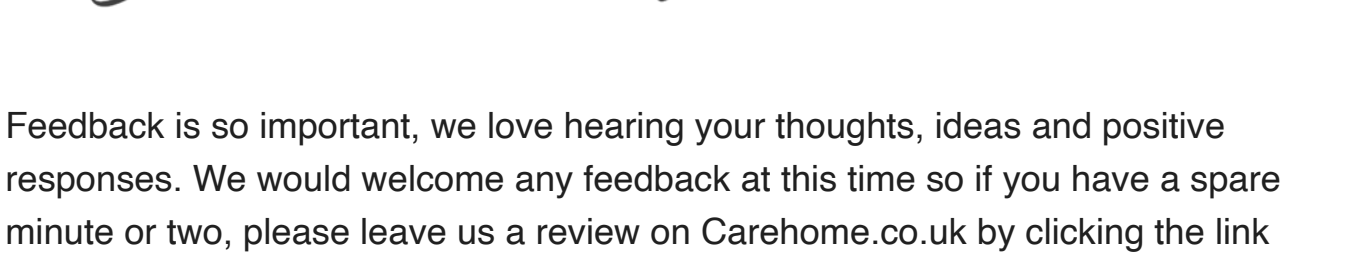
Connect With Us

We will be making good use of Facebook to keep families connected and would be grateful if you could 'Like' our page to keep up to date.

[Don't forget to 'Like' us!](#)



Review Us



Your Thoughts Matter

Feedback is so important, we love hearing your thoughts, ideas and positive responses. We would welcome any feedback at this time so if you have a spare minute or two, please leave us a review on Carehome.co.uk by clicking the link below. Thank you in advance!

[Click here to submit a review!](#)

carehome.co.uk

We would also be grateful for your reviews of Trinity House on Google My Business, the link is as follows:

[Click here to submit a Google Review](#)

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